Government of Saskatchewan

Annual Report
March 31, 1984

St. Louis Alcoholism Rehabilitation Centre

85-4191/

ST. LOUIS

ALCOHOLISM

REHABILITATION CENTRE

Post Office Box 220
St. Louis, Saskatchewan
S0J 2C0

ANNUAL REPORT
of the
BOARD OF GOVERNORS

FOR THE YEAR ENDING

MARCH 31, 1984

Saskatchewan

Minister
of Health

Legislative Building
Regina, Canada
S4S 0B3

To the Honourable F.W. Johnson,
Lieutenant Governor of Saskatchewan

May It Please Your Honour:

It is my pleasure to present herewith the annual report of the Board of Governors, St. Louis Alcoholism Rehabilitation Centre, for the year ended March 31, 1984.

Respectfully submitted,

Graham Taylor
Minister of Health

St. Louis Alcoholism Rehabilitation Centre
Box 220
St. Louis, Saskatchewan S0J 2C0
Phone (306) 422-8533

To the Honourable Graham Taylor,
Minister of Health.

Dear Mr. Taylor:

It is my honour to present, on behalf of The St. Louis Board of Governors, the Annual Report and audited financial statements for the fiscal year ending March 31, 1984.

Respectfully submitted,

Angus R. Campbell
Chairman.

AC/db.

CHAIRMAN'S STATEMENT

1983/84 has been a fruitful year for the Impaired Driver Treatment Program (I.D.T.P.). We have witnessed an enhancement in the spirit of co-operation and trust among the various agencies involved in delivery of the program components. Regular sharing sessions have been a key factor in building the team effort which plays such an important part in an effective program.

The Board derives satisfaction from client feedback which indicates the program has been of assistance in changing their behavior following release. This is also a tribute to the competence of the Centre staff and to members of the Department of Justice and the Alcoholism Commission who are involved in the assessment, referral and follow-up aspects of the program.

The Board is pleased to have Centre staff invited to participate as resource persons in addiction information programs sponsored by schools, other training institutions and community groups.

Impaired driving is a serious threat to all who use our highway system. The Board continues to address the problems presented by alcohol and impaired driving. We are convinced that Saskatchewan's Impaired Driver Treatment Program offers a viable, cost effective treatment option. The first of its kind in Canada, this innovative program reflects the growing trend that alcoholism must be treated as a disease if real progress is to be made.

Having completed four years of programming, the Board is currently in the process of formally evaluating its efforts. We are hopeful this process will provide new insights to future direction.

Angus R. Campbell
Chairman

HISTORY AND BACKGROUND

In 1975, the final report of the Special Committee on Highway Traffic Safety was submitted to the Legislative Assembly. The report dealt with wide-ranging issues of highway traffic safety and, among other things, recommended alternate sentencing options for persons convicted of impaired driving offences. In late 1976, the Saskatchewan Alcoholism Commission and the Corrections Branch of the Department of Social Services (subsequently transferred to the Department of Justice) proposed an Impaired Driver Treatment Program aimed at repeat offenders. Provision was made in the 1977/78 budget to allow detailed planning to proceed for an in-patient treatment centre to function as an alternative to incarceration of repeat offenders. One of the goals for this treatment centre was to provide early intervention for those people who were alcohol dependent. The Prince Albert Council on Alcoholism and Drug Abuse concurrently advised Government of the availability of the former Notre Dame College in St. Louis as a proposed site for this program.

The St. Louis Board of Governors was appointed by the Minister of Health in early 1979, with a mandate to "operate an alcoholism rehabilitation hospital at St. Louis, Saskatchewan".

Funds were provided to renovate the building to a 30 bed capacity, and positions were allocated to the Department of Justice to provide screening and referral services and to the Saskatchewan Alcoholism Commission for follow-up services to clients and their families.

Staff was hired and trained for the St. Louis Alcoholism Rehabilitation Centre in late 1979 and its first clients were admitted in January of 1980.

PROGRAM OBJECTIVES

1. To provide a residential treatment option to impaired drivers who have been convicted by way of second offence and who have been assessed as being in need of and may benefit from treatment.
2. To provide individualized assessment and treatment planning to all individuals admitted to the program.
3. To provide a supportive environment conducive to immediate short-term recovery.
4. To give the individual an understanding of the nature of the problem of alcohol and other drug misuse.
5. To provide the client with an identification and understanding of their alcohol related disabilities and/or alcohol dependency.
6. To help the individual develop new patterns of living free from alcohol related disabilities and/or dependency with the support of family and other available community resources.
7. To arrange, or co-ordinate arrangements, for initial referral to follow-up and aftercare services, including making appropriate use of available community resources such as Alcoholics Anonymous.
8. To reduce the incidence of repeat convictions for those persons admitted to treatment.

LEGISLATIVE AUTHORITY

Under authority of the Public Health Act, the Board of Governors of the St. Louis Alcoholism Rehabilitation Centre was established by Order-in-Council 165/79 of February 1, 1979.

The Centre is designated as a correctional facility by order of the Minister of Justice pursuant to Section 20 of the Corrections Act.

STAFFING

The St. Louis Centre has 14 full-time staff positions, 3 permanent part-time positions and casual staff as required. The Director of the Centre reports to the Chairman of the Board.

FUNDING

The Centre is funded by the Saskatchewan Alcoholism Commission. Its operating cost for the 1983/84 fiscal year was $484,000. Cost per patient day was $51.

PROGRAM

In 1983/84, the Centre provided 9,435 days of care to 650 clients.

Recent studies indicate that a high percentage of the clients at the St. Louis Centre display most of the common symptoms of alcoholism. These include such things as black-outs, loss of control, morning drinking, binge drinking and delirium tremens. Most have a combination of these symptoms.

Furthermore, the average blood alcohol level (B.A.L.) of all Centre clients at the time of arrest was .20. This extremely high B.A.L. would indicate a level of tolerance that is found primarily in problem drinkers. The program at the Centre is therefore designed to treat clients who are alcohol dependent and to provide information about driving while impaired.

Clients are referred to the Centre by referral and placement co-ordinators in the Department of Justice, Corrections Branch. These co-ordinators identify offenders who could benefit from the program and ensure that all clients referred to the Centre meet admission criteria. These criteria include such things as no history of violence or escape and that the primary cause for incarceration is a charge under Section 234, 235 or 236 of the Criminal Code.

The program at the Centre is presented over a 14 day period. The program design presents clients with information about the illness of alcoholism, its signs and symptoms and its effects on themselves and others in their lives. Extensive reference is made to the relationship between drinking and driving, with two days devoted exclusively to the Driving Without Impairment Program (D.W.I.).

Upon completion of the in-patient portion of the Impaired Driver Treatment Program, clients are discharged to begin a six month follow-up program supervised by staff of the Saskatchewan Alcoholism Commission.

ASSOCIATED ACTIVITIES

Since its inception, the St. Louis Centre has shared its resources and expertise in the field of addictions with other agencies in St. Louis and district. Staff has been actively involved in education sessions held by schools, hospitals, parent groups, service clubs and other interested parties on the subject of alcohol and drug usage.

The Centre provides an opportunity for students of the Kelsey School of Nursing to participate in the program and thereby enhance their knowledge of dependency. The Centre also provides practicum experience to students of the School of Social Work and the Natonum Community College.

STATISTICS

Total number of clients admitted to the St. Louis Alcoholism Rehabilitation Centre by year:

Fiscal Year	Total Clients
1980 - 81	401
1981 - 82	469
1982 - 83	604
1983 - 84	650
Total	2,124

Comparison of St. Louis clients and Saskatchewan adult population:

Variable	St. Louis Clients	Adult Population
Age: 20 to 39 years	61%	41%
Sex: males	93%	50%
Ethnicity: Native	41%	6%
Residence: Indian Reserve	20%	3%
Marital Status: single	40%	26%
Education: less than grade 9	37%	22%
Occupation: professional/managerial	4%	14%
Employment Status: unemployed	38%	4%
Family Income: $20,000 and under	84%	37%
Proximity to St. Louis*	44%	20%
Total	2,124	757,000

(*Prince Albert, North Battleford and Melfort Health Regions.)

Alcohol and drug use and effects among St. Louis clients:

Drinking within the last 30 days		67%
Beverage of choice: beer		71%
Frequency of drinking: weekends or more often		83%
Effects of drinking: blackouts		70%
morning drinking		47%
tremors		50%
loss of control		89%
drinks alone		25%
Functioning: physical health - fair to poor		25%
emotional wellbeing - fair to poor		89%
relationship with family - fair to poor		42%
relationship with others - fair to poor		29%
community involvement - fair to poor		91%
Drug used within the last six months:	Hallucinogens	7%
	Cannabis	34%
	Narcotics	12%
	Solvents	1%
	Sedatives	8%
	Stimulants	5%
	Tranquilizers	6%
Total Clients		2,124

Clients reporting one or more arrests for offences other than impaired driving during the two years prior to admission at St. Louis:

Offence (Past Two Years)	Percent of Clients
Driving while disqualified	41%
Liquor Act	35%
Theft	8%
Dangerous driving	7%
Hit and run	5%
Assault	4%
Other arrests	14%
Total Clients	2,124

AUDITOR'S REPORT

To the Members of the Legislative Assembly
Province of Saskatchewan

I have examined the balance sheet of the St. Louis Alcoholism Rehabilitation Centre as at March 31, 1984 and the statements of revenue, expenditure and unexpended grant balance and equity in fixed assets for the period then ended. My examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as I considered necessary in the circumstances.

In my opinion, these financial statements present fairly the financial position of the St. Louis Alcoholism Rehabilitation Centre as at March 31, 1984 and the results of its operations for the year then ended in accordance with generally accepted accounting principles applied on a basis consistent with that of the preceding year.

Regina, Saskatchewan,
June 29, 1984.

W. G. Lutz, F.C.A.,
Provincial Auditor.

Statement 1

ST. LOUIS ALCOHOLISM REHABILITATION CENTRE

BALANCE SHEET

As At March 31

	1984	1983
ASSETS		
Cash and short term deposits	$ 16,309	$ 57,366
Accounts receivable	300	-
Prepaid expenses	6,943	7,348
Inventory, at cost	2,358	-
Fixed assets, at cost	117,725	113,776
	$143,635	$178,490
LIABILITIES AND EQUITY		
Liabilities:		
Accounts payable	$ 3,941	$ 2,970
Unexpended grant balance - Alcoholism Commission of Saskatchewan (Statement 2)	21,969	61,744
Total liabilities	25,910	64,714
Equity:		
Equity in fixed assets (Statement 3)	117,725	113,776
	$143,635	$178,490

(See accompanying notes to the financial statements)

Statement 2

ST. LOUIS ALCOHOLISM REHABILITATION CENTRE

STATEMENT OF REVENUE, EXPENDITURE AND UNEXPENDED GRANT BALANCE

Year Ended March 31

	1984	1983
Revenue:		
Grant - Alcoholism Commission of Saskatchewan	$436,256	$462,000
Interest	5,223	7,456
Miscellaneous	2,347	3,571
	443,826	473,027
Expenditure:		
Salaries and employee benefits	349,613	305,658
Food	43,871	38,774
Rent (Note 3)	24,000	24,000
Utilities	26,992	23,988
Building maintenance	6,720	6,453
Contractual services	3,346	5,488
Board honoraria and expenses	5,306	4,444
Miscellaneous	5,512	6,780
Furniture and equipment purchases	3,949	6,829
Printing and stationery supplies	5,408	3,315
Staff training and travel	4,215	5,323
Vehicle lease	-	2,704
Insurance	4,669	1,579
	483,601	435,335
Excess of revenue over expenditure (expenditure over revenue)	(39,775)	37,692
Unexpended grant balance, beginning of year	61,744	24,052
Unexpended grant balance, end of year - to Statement 1	$ 21,969	$ 61,744

(See accompanying notes to the financial statements)

Statement 3

ST. LOUIS ALCOHOLISM REHABILITATION CENTRE

STATEMENT OF EQUITY IN FIXED ASSETS

Year Ended March 31

	1984			1983
	Leasehold Improvements	Furniture and Equipment	Total	Total
Balance, beginning of year	$41,751	$72,024	$113,776	$107,771
Add: Purchases	-	3,949	3,949	6,829
Less: Disposals	-	-	-	(824)
Balance, end of year	$41,751	$75,973	$117,725	$113,776

(See accompanying notes to the financial statements)

ST. LOUIS ALCOHOLISM REHABILITATION CENTRE

NOTES TO FINANCIAL STATEMENTS

March 31, 1984

1. Significant Accounting Policies

(a) Unexpended (Overexpended) Grant Balance

Under an agreement entered into between the Board of Governors of the Centre and the Alcoholism Commission of Saskatchewan, the Commission has agreed to supply the Board with the funds necessary to operate the Centre, based on budgets prepared by the Board and approved by the Commission.

The agreement provides that where the total grant paid in a fiscal year exceeds total allowable expenditures of the Centre for that year, the excess, upon its determination by the Commission, may be considered a debt due and payable by the Board to the Commission and may be offset against any future sums payable by the Commission to the Board or otherwise recovered. The financial statements reflect the substance of these arrangements by recognizing the amount received in the year as the grant revenue from the Commission for that year and by treating the difference between revenue and expenditure in any fiscal year as an adjustment of the under or overexpended balance of grant funds at the end of the previous fiscal year.

(b) Fixed Assets

Fixed asset purchases are charged as an expense against operations in the year of purchase. To maintain accountability for fixed assets, the Centre also records them as assets with a corresponding entry to "Equity in Fixed Assets". No allowance for depreciation is recorded by the Centre.

2. Authority

Pursuant to Section 85 of the Public Health Act, a board of governors was established on February 1, 1979 to operate an alcoholism rehabilitation hospital to be known as the St. Louis Alcoholism Rehabilitation Centre. The Centre commenced operations October 1, 1979.

3. Lease Commitments

The Board has leased the St. Louis Alcoholism Rehabilitation Centre land and buildings until June 30, 1988. Payments due in future years are as follows:

1984/85	-	$24,900
1985/86	-	25,200
1986/87	-	26,145
1987/88	-	26,460
1988/89	-	6,615

4. Client Donations and Canteen Sales

The Centre operates a canteen to provide cigarettes, soft drinks and other miscellaneous items for clients. Profits and any client donations received are used to purchase recreation equipment for clients. The Centre also holds funds in safekeeping for clients during their stay at the Centre. The results of these activities are not reflected in these financial statements.